

Our Eight CSP Principles

Person-Centered / Person-Empowered

Services are based upon the needs of the individual in order to make informed decisions to live happy and healthy lives.

Culturally Competent

Services are sensitive, respectful, and responsive to racial, ethnic, religious, and gender identities of individuals and families.

Designed to Meet Individual Needs

Services are designed to meet individual needs of persons affected by factors such as age, substance use, physical or intellectual disabilities, homelessness, or criminal justice system involvement.

Community-Based / Natural Supports

Services are provided in the most supportive and inclusive manner. Individuals are encouraged to use natural supports and integrate into the living, working, learning, and leisure activities of the community.

Flexible

Services are designed to allow people to move in and out of the system and within the system as needed.

Coordinated

Treatment services and supports are coordinated on both the local system level and on an individual basis in order to reduce fragmentation and to improve efficiency and effectiveness with service delivery. Coordination is driven by the needs of the individual and includes collaboration with families, advocates, and professionals at every level of the system of care.

Accountable

Service providers are accountable to the users of services and include individuals and families in planning, development, implementation, and monitoring and evaluating services.

Strengths Based

Services build upon an individual's strengths and values to empower their recovery and encourage each person to maintain a sense of identity, self-esteem, and dignity.

What is the Delaware County Community Support Program?

DELCO CSP sponsors and supports a variety of topics, projects and activities including:

Policy and Advocacy Issues, Mental Health Recovery, Substance Use Recovery, Recovery Awareness Events, Guest Speakers, Education, Community Outreach, Conference and Training Scholarships.

Who is the Delaware County Community Support Program?

DELCO CSP Membership consists of volunteer peers, families and professionals interested in assisting community members with wellbeing and wellness choices, provides education and anti-stigma campaigns, and events to support our local community.

**Meetings are held 3rd Monday of the month:
4:30 pm – 6:00pm**

(When holiday or inclement weather, the meeting is held the following Monday.)

Tree of Life Church

933 Baltimore Pike, Springfield, PA 19064

DELCO CSP phone: **484.222.0719**

e-mail: **delcocsp@gmail.com**

website: **delcopacsp.org**

Like us on: **Facebook.com/delcocsp** 



**We look forward to seeing you at
our Monthly CSP Meetings!**



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DELCO CSP - BEATING STIGMA EVENT with KarenSmithDrums.com

Welcome Back to DELCO CSP In-Person Meetings and Events!

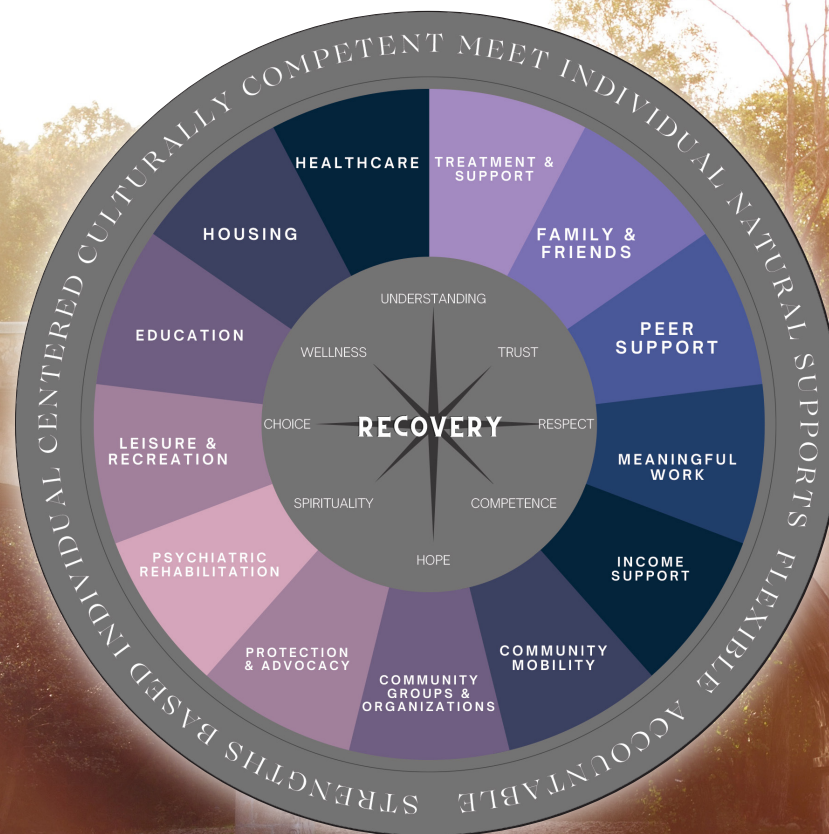
CSP was created in 1977 by the National Institute of Mental Health (NIMH) and adopted in Pennsylvania in 1984. The Delaware County CSP Committee was established in 1989. There are eight principles developed upon which our Personal Wellness Choices should be based. These principles are at the core of CSP and guide the planning and evaluation for comprehensive and responsive systems of wellness services.



There Are Many Exciting DELCO CSP Volunteer Opportunities Available!

DELCO CSP - Community Outreach Events are fun ways to be of service!

PENNSYLVANIA COMMUNITY SUPPORT PROGRAM A Recovery Model for Personal Wellness Choices



Each individual has personal recovery needs, CSP Principles connect people with services and supports to a variety of recovery options and processes.

DELCO CSP GOALS

The DELCO CSP Committee strives to assure that members needing personal wellness choices receive services that meet their needs. These services should assist each person in developing and maintaining their

self-esteem, as well as help each person to identify their individual recovery processes. CSP membership is open to all people interested in enhancing and supporting our Personal Wellness Choices in Delaware County.

DELCO CSP - Building Bridges & Changing Lives!