

Our Eight CSP Principles

Person-Centered / Person-Empowered

Services are based upon the needs of the individual and incorporate self-help and other approaches that allow individuals to retain the greatest possible control over their own lives.

Culturally Competent

Services are sensitive and responsive to racial, ethnic, religious and gender differences of persons in recovery and their families.

Designed to Meet Special Needs

Services are designed to meet the needs of persons with behavioral health challenges who are also affected by such factors as age, substance abuse, physical illness or disability, developmental disability, homelessness, or involvement with the criminal justice system.

Community-Based / Natural Supports

Services are provided in the least coercive manner and in the most natural settings possible. Individuals in recovery are encouraged to use the natural supports in the community and to integrate into the living, working, learning and leisure activities in the community.

Flexible

Services are designed to allow people to move in and out of the system and within the system as needed.

Coordinated

Treatment services and supports are coordinated on both the local system level and on an individual basis in order to reduce fragmentation and to improve efficiency and effectiveness with service delivery. Coordination includes linkages with service participants, families, advocates, and professionals at every level of system of care.

Accountable

There is shared accountability among service providers, service participants, family members, and the general community in the planning, development, implementation, monitoring and evaluation of service delivery.

Strengths Based

Services build upon the assets and strengths of individuals and help people in recovery maintain a sense of identity, self-esteem, and dignity.

What is the Delaware County Community Support Program?

DELCO CSP sponsors and supports a variety of topics, projects and activities including:

Policy and Advocacy Issues, Mental Health Recovery, Substance Use Recovery, Recovery Awareness Events, Guest Speakers, Education, Community Outreach, Conference and Training Scholarships.

Who is the Delaware County Community Support Program?

DELCO CSP Membership consists of volunteer peers, families and professionals interested in assisting community members with wellbeing and wellness choices, provides education and anti-stigma campaigns, and events to support our local community.

**Meetings are held 3rd Monday of the month:
4:30 pm – 6:00pm**

(When holiday or inclement weather, the meeting is held the following Monday.)

**Tree of Life Church
933 Baltimore Pike, Springfield, PA 19064**

DELCO CSP phone: **484.222.0719**

e-mail: **delcocsp@gmail.com**

website: **delcopacsp.org**

Like us on: **Facebook.com/delcocsp** 



**We look forward to seeing you at
our Monthly CSP Meetings!**



**DELCO CSP
Building Bridges &
Changing Lives!**

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Welcome Back to DELCO CSP In-Person Meetings and Events!

CSP was created in 1977 by the National Institute of Mental Health (NIMH) and adopted in Pennsylvania in 1984. The Delaware County CSP Committee was established in 1989. There are eight principles developed upon which our Personal Wellness Choices should be based. These principles are at the core of CSP and guide the planning and evaluation for comprehensive and responsive systems of wellness services.



There Are Many Exciting DELCO CSP Volunteer Opportunities Available!

DELCO CSP - Community Outreach Events are fun ways to be of service!

PENNSYLVANIA COMMUNITY SUPPORT PROGRAM A Recovery Model for Personal Wellness Choices



Each individual has personal recovery needs, CSP Principles connect people with services and supports to a variety of recovery options and processes.

DELCO CSP GOALS

The DELCO CSP Committee strives to assure that members needing personal wellness choices receive services that meet their needs. These services should assist each person in developing and maintaining their

self-esteem, as well as help each person to identify their individual recovery processes. CSP membership is open to all people interested in enhancing and supporting our Personal Wellness Choices in Delaware County.

DELCO CSP - Building Bridges & Changing Lives!